

SMALL GROUP DISCUSSION GUIDE

EPISODE 5

PRAYER: WHY AND HOW DO I PRAY?

Question #1 - If you could be any Superhero who would you be?

Supporting Questions:

- Why?
- What would be the most useless superpower to have?

Recommended Option: Take a few extra minutes in this question break to have everyone mention both a highlight of the week and a low point of the week or a point of stress (these can become prayer requests at the end of the session). This could also be done over a meal or snack prior to playing the episode.

Question #2 - Why do you think people don't always get what they pray for?

Supporting Questions:

- Why would a loving God not always give people what they pray for?
- Is there any way to know for sure the difference between our prayers being answered and something working out as a positive coincidence?
- Have you ever looked back and been thankful that God didn't give you what you prayed for?

Question #3 - Have you ever tried praying? What did you pray for? What happened?

Supporting Questions:

- Did your family pray at all when you were growing up?
- In what situation could you imagine yourself turning to prayer?

Post Session Discussion (Optional):

- How did you feel about today's episode? What stood out to you?
- If God knows all of our needs, why should we pray about them?
- If you had to summarize the purpose of prayer, what would you say?
- Ben shared about how he felt after his parents split up and how after praying, even though the situation didn't change, something in his heart did. Have you ever had a similar experience where you felt God was near in a really hard time?
- What's the difference between Christian prayer and asking Santa for something at Christmas?
- What prevents us from praying?
- Is there a bad time and place to pray?

